

## COMMON GROUND SHOP TALK

# Lulu? Love It!

Looking good while you're working out can have a positive impact on your fitness goals.

BY RACHEL BOWIE

### WOMEN'S

**Deep V Tank II** is a medium-support crossover tank with a built-in bra and mesh racer back for ventilation in high-moisture areas. \$52

**Ujjayi Y Tank C P** is a practical tank for yoga or the gym. Its features include a built-in bra, chafe-resistant seams, and a carved racer-back shape to allow for a full range of movement without irritation. \$48

**Groove Pants Straight Leg** are low-impact sport pants with a stash pocket in the inner waistband to hold money and keys. The reversible pants feature chafe-free flat seams that prevent fabric from getting in the way during workouts. \$92

### MEN'S

**Amplitude S/S Tech** is a performance top that features a welded pocket to secure an iPod. The top is preshrunk and uses seam-free technology to prevent chafing. \$58

**High Chief Short** is the best garment for hiking and mountain biking, thanks to the moisture-wicking, breathable fabric. Features include a zipper pocket to hold money and keys. \$72

If you're planning to work up a sweat, you'll want to do it in style. Fashion retailer Lululemon makes fitness fashionable and applauds people who use Lululemon items as tools for maintaining a healthy lifestyle. "Everything we offer is about fit and function first," says Felicia Van Gordon, store manager for Lululemon at the Natick Collection. "Our clothes look smart, but touches like the key pockets on the sides [of pants] or the openings on a running jacket to keep your hands warm provide functional ways for people to get out and exercise." Originally made for yoga sessions, Lululemon's workout gear allows for a full range of movement, with specially designed fabrics that wick moisture away from the skin. The line is known for its close attention to detail. "When you work out, you don't want to think about what you're wearing," Van Gordon says. "I don't want to worry about my tank top chafing or my pants moving around while I'm taking a yoga class. I want to focus on what I'm trying to accomplish." *Lululemon, Natick Collection, 1245 Worcester Street, Natick, 508-655-3127.*



photograph by Andrew Swaine (VAN GORDON)