



This Mom's Life

"I thought taking care of a child would feel like work, but it doesn't," says **Jenna Fischer**, 38, mom of Weston, 1. "I can come home after a long day and still have a separate energy supply for him." Here, the star of *The Office* chats about L.A. life with her son and hubby Lee Kirk

What's the best part of your day?

It's a toss-up between getting Weston out of bed in the morning and mealtime. He's eating finger foods; it's so fun to see him try new things—and put those new things in his hair sometimes.

Is there a parenting rule you always break?

I am not very good at saying no to him! The minute he seems uncomfortable

or he wants something, I just provide it on instinct. But at a certain point, I'm going to have to say no, because I want to raise a responsible adult.

Five things you always have in your fridge?

There's always some milk, vanilla creamer, salad dressing, and blueberries in there...and a little container of breast milk.

My fun bedtime read ↘



What are you reading right now?

I'm reading Andy Cohen's *Most Talkative*. It's fun, and as a mom, I like that the chapters are short. I feel like I'm also accomplishing something because I can read a whole chapter at bedtime.

And what are you reading to your son?

There's this book that Weston loves called *Peek-a-Zoo!* that we checked out at a library.

What's one beauty product you can't live without?

I love Laura Mercier's Tinted Moisturizer in nude. It's the difference between my looking like I got some sleep and looking like I didn't!

What's a date night for you and your husband?

We do in-home date nights where we put Weston to bed, then open a bottle of wine and cook something from scratch, like turkey meatballs with a homemade pasta sauce. Afterward, we'll rent a movie on demand, and Lee will go get us Menchie's frozen yogurt. The whole night feels like a treat.

What's a time-out just for you?

If I can just find 10 minutes to have a cup of coffee and read something like *Elle Decor*, then I'm very happy. I don't even want to have to read; I just want to flip through and look at the pictures.

What's your secret to juggling work, family, and marriage?

Picking the right husband. My husband and I work very hard to have a family-focused life. We're on the same page, and I think that makes everything else easier and more manageable.

—Rachel Bowie



Photographs: from left: Larsen & Talbert/Corbis; Getty Images (blueberries).